



## Westphalia ISD

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### **School Health Advisory Council**

#### **Vision Statement:**

The vision of Westphalia ISD Student Health Advisory Council is “Healthy Schools, Healthy Homes, Healthy Kids, make better learners.”

#### **Mission Statement:**

The Westphalia ISD Student Health Advisory Council strives to improve student and staff performance by promoting age-appropriate wellness programs and healthy, balanced, and active lifestyles through sequential health education, practices, and modeling of good health behaviors.

#### **Purpose:**

A student health advisory council is a school board appointed advisory group of individuals who represent different segments of the community. By law, a majority of the members must be persons who are parents of students enrolled in the district and who are not employed by the district. The Westphalia ISD Student Health Advisory Council is made up of parents, community members, and school staff working together to improve the health of all students and families through coordinated school health programs.

#### **Goals:**

The goal of the Westphalia ISD Student Health Advisory Council is to provide a safe and nurturing learning environment whereby all students’ gain a sense of self-worth and develop and maintain lifelong healthy behaviors through:

- Promoting quality healthy education programs
- Modeling and encouraging the achievement of lifelong physical fitness
- Enhancing school health services
- Supporting social and emotional well-being
- Creating safe and positive learning environments
- Promoting faculty and staff wellness
- Encouraging school, family, and community involvement