



Westphalia ISD

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School Health Advisory Council Meeting January 10, 2012

The School Health Advisory Council met on Tuesday, January 20, 2012 at 5:30 p.m. in the school library.

MEMBERS PRESENT:

Diane Bringman
Kristy Decker

Belinda Hering
Kristina Lange

Brenda Shelton
Misty Stock

MEMBERS ABSENT:

Stephanie Medrano

Chrissy Willberg

The Westphalia ISD School Advisory Council meeting opened at 5:35 p.m.

Purpose and Requirements of School Health Advisory Council

- The board policy statement on the purpose of having a School Health Advisory Council (SHAC) was read and discussed [policy BDF (Legal)]. An overview of the Wellness and Health Services policies was also given.
- Other handouts were also provided and briefly discussed explaining the requirements of the School Health Advisory Council.

School Health Advisory Council Vision, Mission, Purpose, and Goal Statements

- Sample vision, mission, purpose, and goal statements were reviewed and discussed. The council voted to adopt the following statements for the Westphalia ISD Student Health Advisory Council:

Vision Statement:

The vision of Westphalia ISD Student Health Advisory Council is “Healthy Schools, Healthy Homes, Healthy Kids, make better learners.”

Mission Statement:

The Westphalia ISD Student Health Advisory Council strives to improve student and staff performance by promoting age-appropriate wellness programs and healthy, balanced, and active lifestyles through sequential health education, practices, and modeling of good health behaviors.

Purpose:

A student health advisory council is a school board appointed advisory group of individuals who represent different segments of the community. By law, a majority of the members must be persons who are parents of students enrolled in the district and who are not employed by the district. The Westphalia ISD Student Health Advisory Council is made up of parents, community members, and school staff working together to improve the health of all students and families through coordinated school health programs.

Goals:

The goal of the Westphalia ISD Student Health Advisory Council is to provide a safe and nurturing learning environment whereby all students' gain a sense of self-worth and develop and maintain lifelong healthy behaviors through:

- Promoting quality healthy education programs
- Modeling and encouraging the achievement of lifelong physical fitness
- Enhancing school health services
- Supporting social and emotional well-being
- Creating safe and positive learning environments
- Promoting faculty and staff wellness
- Encouraging school, family, and community involvement

Recess Policy

- The council discussed the requirement of the local SHAC to consider and make policy recommendations to the district concerning the importance of daily recess for elementary school students. Members agreed to gather more information and revisit this topic at a future meeting.

Future Meeting Dates

- Future meeting dates were discussed and members agreed to meet on the following dates:
 - Thursday, February 9, 2012
 - Thursday, March 8, 2012
 - Thursday, May 17, 2012

With there being no further comments or questions, the meeting adjourned at 6:25 p.m.